# HEALTHCARE CONSULTING: MARKET OVERVIEW

AS THE NHS GRAPPLES WITH PERSISTENT PRODUCTIVITY AND CAPACITY CHALLENGES, DEMAND FOR HEALTHCARE ADVISORY SERVICES CONTINUES TO RISE. OUTSOURCING IS PLAYING A CRUCIAL ROLE IN ALLEVIATING HEALTHCARE DEMAND, ENHANCING EFFICIENCY AND FACILITATING BETTER PATIENT OUTCOMES

# COOPER PARRY DEALS REACH

# **MARKET DYNAMICS**

Favourable market dynamics creating opportunity for consulting firms that can demonstrate cost-savings to the NHS



### **Market dynamics**

- UK market demand in the Healthcare Consulting space is heavily linked to the total capital and revenue expenditure by the NHS
- The NHS is increasingly turning to outsourced service providers to provide skills and capacity which the NHS lacks in-house
- Core consultancy services that provide cost-savings and drive efficiencies can help alleviate pressures in areas where systemic issues
- The market for consulting services, particularly into the NHS, is viewed as highly defensible given historic lack of capital investment which has contributed to clinical pressures and uncertainty around future strategy and planning
- Governments around the world, including the UK are continuing to invest in healthcare with social and political pressures mounting to
- A changing political landscape in the UK is likely to bring uncertainty to the consultancy market. However, long-term committed
- Markets that are in high demand within the NHS include strategy and planning, infrastructure solutions, project management and





Source: Gov.UK, NHS Digital, Cooper Parry Analysis

# **MARKET DRIVERS**

Demand for healthcare advisory services continues to grow

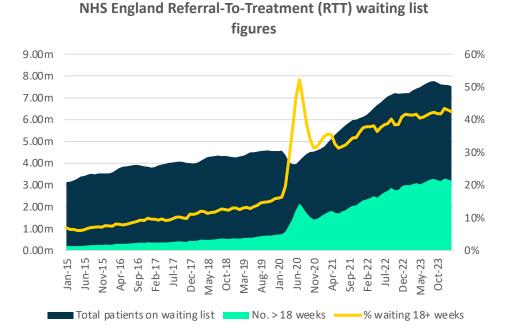
Market drivers			
Driver	Commentary	Outlook	
Population demographics – long-term NHS demand	By 2030, the UK is expected to have an additional c.2m adults aged 30+, whilst, by 2040, the number of people living with major illness is forecast to increase by 37%. The UK health system will likely need to continue adding capacity to serve the increased demand, which is expected to be supported by outsourced services		
Waiting lists – near-term NHS demand	The NHS continues to be under clinical pressure with waiting lists for elective procedures increasing significantly since the pandemic. Rising demand for insourcing of clinicians to deal with the backlog and a need for greater control over the strategic planning of resources is underpinning the role of external consultants		
NHS capital budgets	Historic underinvestment during the 2010s by the NHS in its estates and infrastructure has led to a rapidly increasing repair backlog, up to £11.6bn in 2022/23. More than half (54%) of the backlog relates to 'high or significant risk', with the 'high risk' backlog increasing by more than £550m on the previous period. Capital investment projects such as the New Hospital Programme (NHP) should provide advisory opportunities in the future	1	
Resistance to NHS in-housing model	With increased reliance on and full disclosure of the NHS' spend relating to outsourced consultancy work, there is a strong desire to internalise NHS services. Given the project-based nature of many of the change programmes surrounding strategy and planning and infrastructure, in the short-term it is unlikely the NHS can model its resourcing and development plans to remove the need for outsourcing		
Net Zero targets	With net zero a target for the NHS by 2040, consultancies are seeing opportunity in offering additional project support capabilities in this space, with many taking advantage to embed services and cross-sell from there		
Price expectations	Within the NHS SBS framework, consultancies bidding for tenders have seen a significant number of inflationary rises accepted upon negotiation. This provides scope and opportunity for individual negotiations on a project-by-project basis, particularly for work contracted outside of the framework		

Source: Gov.UK, NHS Digital, Cooper Parry Analysis

# **AN NHS UNDER CLINICAL PRESSURE**

A core market for healthcare advisory firms remains addressing the NHS' clinical capacity

### **Increasing NHS waiting lists**



- The number of incomplete pathways has shown an increasingly growing trend since the Covid-19 pandemic creating a backlog in the availability and ability to perform operations. Commissioner feedback suggests it will take two to five years to clear the backlog given current capacity and funding
- This is further outlined through the increased waiting times for individuals to receive care, with a significant proportion of the backlog waiting over the 18 weeks threshold and does not consider the 'hidden backlog' of patients due to reprioritisation due to the pandemic
- The problem has been further compounded by the workforce shortages that are facing the healthcare profession, with the supply of doctors and nurses in full-time employment failing to keep pace with the needs of the population

### The insourcing solution



Clinical insourcing teams reduce waiting list backlogs by deploying specialist consultants and clinical capacity



Preferred over outsourcing as the NHS largely retains clinical autonomy whilst utilising an economical approach to delivering elective procedures



Provides flexible long-term support if required or can be brought in to solve a specific issue, improving pathways and leaving sustainable tools and systems in the form of sound clinical governance



Often a cost-effective solution with providers usually charging at significant discounts to tariff rates

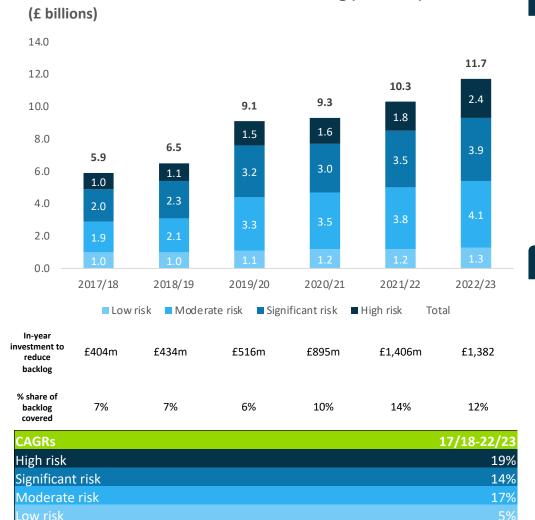


The insourcing market is expected to grow at c.11%-16% from FY22 to FY27

Source: Gov.UK, NHS England, British Medical Association

## **CAPITAL AND CRITICAL MAINTENANCE BACKLOG**

Capital investment requirements and underfunded NHS estates will provide a sustainable market opportunity in estate advisory



Total cost to eradicate NHS maintenance backlog (ERIC data)

### Long-term advisory opportunities

- The ongoing need for investment should provide a positive outlook for advisory services. Capital budgets are forecast to increase to £12bn a year from 23/24 which is seen as a reliable indicator for budgets allocated to estate advisory work
- Historical increases in investment to address the backlog have now stalled, contributing to a worsening position across NHS estates at all risk levels
- The National Audit Office (NAO) estimates that c.£4.3bn in capital funds were transferred to revenue budgets between 2014-19 by NHS Trusts, contributing to a worsening repair backlog as day-to-day operational spend was prioritised

### **Capital commitments – New Hospital Programme**

- The New Hospital Programme (NHP) was launched to build 40 hospitals in England by 2030 with the total expected cost to be in excess of £20bn
- Given the project-based nature of NHS capital investment programmes, the NHS continues to depend heavily on external consultants with 62% of posts relating to NHP filled using consultancy services in 2023
- Despite a desire within the NHS to reduce use of external consultants, market sentiment suggest it is unlikely to have the required skills and capacity in-house to run its own estates advisory programmes

Source: Gov.UK, Department for Health and Social Care, Estates Returns Information Collection (ERIC)

# THE POLITICAL LANDSCAPE

Political change and associated market risks are mitigated by the needs-driven nature of healthcare advisory work

Risk	Key headlines	Outlook for Healthcare Consultancies
Change of government	<ul> <li>The prospect of a change in government is on the horizon with a general election looming. There is no clear long-term link between healthcare spending and political party – the outlook is generally positive on NHS spend regardless of the election outcome</li> </ul>	government will change the fundamental need for investment and external expertise
Trajectory and stability of funding	<ul> <li>The NHS has remained protected against the most severe cuts made to funding for public services in the UK over the last decade</li> <li>Inflationary pressures and inefficiencies within the NHS have raised concerns that future budgets may be tightened which could impact propensity to outsource</li> </ul>	will likely continue to receive strong government support in both funding and rhetoric under the any political administration
ICB strategy and planning	<ul> <li>The variance in decision-making processes between each ICB should be considered a possible risk, with difficulty predicting how each individual ICB will approach the use of specialist consultancies</li> </ul>	
Procurement frameworks	<ul> <li>Despite mixed political sentiment towards healthcare consultancies, restrictions around procurement frameworks remain limited</li> <li>Fiscal conservatism remains a focus however, with expectations around public procurement focusing on value for money and efficiency</li> </ul>	<ul> <li>Current procurement frameworks used to commission the services of consultancies are seen as working well within the health sector</li> </ul>
		Outlook key Negative Moderate Positive



## **RELEVANT TRANSACTIONS**

Relevant market transactions across the healthcare services space





Deal date: Jun-23 Deal details: £9m minority investment

#### **Target description**

 Archus provides a wide range of strategic and infrastructure consultancy and analytics services to health and social care organisations

#### **Transaction rationale**

 BGF's investment will enable Archus to grow its existing management team, with additional senior hires planned to aid growth, as well as enabling ongoing innovation and expansion of the firm's service offerings Deal date: Feb-24 Deal details: n/d

#### **Target description**

- HBSUK is an online outpatient service provider which helps to deliver safe and effective treatment in a fast and efficient way
- The business provides digital triage through an application whilst also operating an NHS clinical insourcing model

#### **Transaction rationale**

 The acquisition continues AXA Health's drive for consistent, safe, effective and appropriate care for members, as well as expanding to allow direct access to clinician care



Deal date: Feb-24

**Deal details**: PE-backed investment (NorthEdge)

#### **Target description**

 A market access consultancy intended to support pharmaceutical and healthcare companies in getting their products to market and ensuring patient uptake

#### **Transaction rationale**

 The acquisition will add another dimension to the capabilities of Helios Global Group, providing greater insights for clients around launch, and furthering the company's mission of improving global health outcomes

### COOPER PARRY CORPORATE FINANCE TRUSTED ADVISORS WITH A SPECIALISM IN HEALTHCARE

#### NIALL CHANTRILL PARTNER

Niall joined Cooper Parry in 2011 and has spent the last 10+ years working with entrepreneurial businesses and private equity clients operating across the mid-market.

Niall has a strong focus on working with businesses and entrepreneurs in the Healthcare and Technology sectors.

Notable deals include:

- $\circ$   $\;$  Advised the shareholders of Nourish on the MBO backed by Livingbridge
- Advised WestBridge on their investment in Bespoke Health and Social Care (now Acuity Care Group)



#### LOREN DOCKSEY SENIOR ANALYST

Loren joined Cooper Parry Corporate Finance in 2020 as an analyst, reviewing behaviour, trends and analysing M&A activity within our sector specialisms.

Loren is a Trainee Chartered Accountant and holds a first-class honours degree in Economics from the University of Derby.

Notable deals include:

- Acquisition of mobility devices provider Kingswood Corporation by LDC
- Sale of Tri.x to August Equity
   Live sale of a healthcare services business





### **OUR RECENT HEALTHCARE DEALS**





Nourish provides digital care planning software to the UK social care sector

Founded in 2011, Nourish is a cloud-hosted Digital Care Planning Platform supporting care providers and carers in the evidencing, and accessing of care records

Livingbridge's investment will enable Nourish to further develop its best-in-class platform, continue to innovate in the use data to improve care outcomes



Tri.x provides subscription-based on-line policies and procedures manuals to the UK social care sector and has been part of Birmingham-based Antser Group since it was acquired in 2019

tri x

August is a long-term investor with particular emphasis on businesses with technology-led applications

£200m+

TOTAL DEAL VALUE ADVISED ON

£22m

### AVERAGE DEAL SIZE

75%+

DEALS INVOLVING PRIVATE EQUITY

2/3

OF DEALS WORKING SELL-SIDE

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